

# Folk-medicinal uses of *Ficus bengalensis* Linn. and *Punica granatum* Linn. in northern Uttar Pradesh

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*Ficus bengalensis* Linn. and *Punica granatum* Linn. are used to cure several ailments. During an exploration in the foot hill areas in northern Uttar Pradesh, it was observed that the rural population use the prop roots of *F. bengalensis* and floral buds of *Punica granatum* Linn. to check external as well as internal bleeding in cases of haemoptysis, menorrhagia and ulcers.

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